



# Safety Tips for Kids

## #3: Bike Safety

- Always wear a bike helmet
- Use verbal and non-verbal communication
- Check your equipment (brakes, and tires)
- Watch for and avoid road hazards
- Avoid riding at night
- Wear bright colored clothing
- Have reflective devices on your bike or clothing
- Obey traffic signs
- Look both ways before crossing the road
- Always lock up your bike
- Walk your bike across crosswalks
- Use bike lanes if they are available
- Make sure your shoes are tied properly